Site Name: Conneaut Month: <u>August</u>				
Monday	Tuesday	Wednesday	Thursday	Friday
AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains
PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain
BACK TO SCHOOL				
	23	24	25	26
	Cheetos, Fruit, Cheese stick	Marshmallow Treat, Fruit, Cheese stick	Cocoa Puffs Cereal Bar, Fruit, Cheese stick	Cheetos, Fruit, Cheese Stick
29	30	31	1	2
Marshmallow Treat, Fruit, Cheese stick	Cocoa Puffs Cereal Bar, Fruit, Cheese stick	Cheetos, Fruit, Cheese stick	Marshmallow Treat, Fruit, Cheese stick	Cocoa Puffs Cereal Bar, Fruit, Cheese stick

<sup>\* \*</sup>Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

<sup>\*\*</sup>Snack—serve 2 items from different component areas.

ř.	Site Name: Ea	stwood	Month: <u>August</u>	
Monday	Tuesday	Wednesday	Thursday	Friday
AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains
PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain
BACK TO SCHOOL				
		24	25	26
		Nutrigrain Bar, Fruit, Cheese stick	Cheddar Chex Mix, Fruit, Cheese stick	Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese Stick
29	30	31	1	2
Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese stick	Nutrigrain Bar, Fruit, Cheese stick	Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese Stick	Nutrigrain Bar, Fruit, Cheese stick	Cheddar Chex Mix, Fruit, Cheese stick

<sup>\* \*</sup>Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

<sup>\*\*</sup>Snack—serve 2 items from different component areas.

	Site Name: Eli	nwood	Month: <u>August</u>	
Monday	Tuesday	Wednesday	Thursday	Friday
AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains
PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain
0		17	18	19
SACK TO SCHOOL		AM: Trix Cereal, Cocoa Puffs Cereal bar, Fruit, Milk PM: Tiger Bites, Fruit, Cheese	AM: Cinnamon Toast Crunch Cereal, Nutrigrain Bar, Fruit, Milk	AM: Cheerios Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, Milk
		stick	PM: Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese Stick	PM: Tiger Bites, Fruit, Cheese stick
22	23	24	25	26
AM: Cheerios, Cinnamon Toast Crunch Cereal Bar, Fruit, Milk	AM: Cinnamon Toast Crunch Cereal, Cocoa Puffs Cereal Bar, Fruit, Milk	AM: Trix Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, Milk	AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, Milk	AM: Trix Cereal, Nutrigrain Bar, Fruit, Milk
PM: Tiger Bites, Fruit, Cheese stick	PM: Nutrigrain bar, Fruit, Cheese stick	PM: Tiger Bites, Fruit, Cheese stick	PM: Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese stick	PM: Tiger Bites, Fruit, Cheese stick
29	30	31	1	2
AM: Cinnamon Toast Crunch Cereal, Nutrigrain Bar, Fruit, Milk	AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, Milk PM: Nutrigrain Bar, Fruit, Cheese	AM: Cinnamon Toast Crunch Cereal, Nutrigrain Bar, Fruit, Milk	AM: Trix Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, Milk	AM: Cheerios, Cocoa Puffs Cereal Bar, Fruit, Milk PM: Tiger Bites, Fruit, Cheese
PM: Tiger Bites, Fruit, Cheese Stick * *Proplefest offer Aliteur for	stick	PM: Tiger Bites, Fruit, Cheese stick	PM: Cocoa Puffs Cereal Bar, Fruit, Cheese stick	stick

<sup>\* \*</sup>Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

<sup>\*\*</sup>Snack—serve 2 items from different component areas.

	Site Name: Ke	nwood	Month: <u>August</u>	
Monday	Tuesday	Wednesday	Thursday	Friday
AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains
PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain
BACK TO SCHOOL				
	23	24	25	26
	Cocoa Puffs Cereal Bar, Fruit, Cheese stick	Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese stick	Nutrigrain Bar, Fruit, Cheese stick	Cheddar Chex Mix, Fruit, Cheese Stick
29	30	31	1	2
Nutrigrain Bar, Fruit, Cheese stick	Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese stick	Cheddar Chex, Fruit, Cheese stick	Nutrigrain Bar, Fruit, Cheese stick	Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese stick

<sup>\* \*</sup>Breakfast-offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

<sup>\*\*</sup>Snack—serve 2 items from different component areas.

Site Name: Lake Month: August				
Monday	Tuesday	Wednesday	Thursday	Friday
AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains
PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain
BACK TO SCHOOL				
22	23	24	25	26
Cocoa Puffs Cereal Bar, Fruit, Cheese stick	Cheddar Chex Mix, Fruit, Cheese Stick	Cocoa Puffs Cereal Bar, Fruit, Cheese stick	Marshmallow Treat, Fruit, Cheese stick	Cocoa Puffs Cereal Bar, Fruit, Cheese stick
29	30	31	1	2
Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese stick	Marshmallow Treat, Fruit, Cheese stick	Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese stick	Cheddar Chex Mix, Fruit, Cheese Stick	Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese stick

<sup>\* \*</sup>Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

<sup>\*\*</sup>Snack—serve 2 items from different component areas.

	Site Name: North	wood	Month: <u>August</u>	w.
Monday	Tuesday	Wednesday	Thursday	Friday
AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains
PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain
BACK TO SCHOOL			18 Cheddar Chex Mix, Fruit, Cheese Stick	19 Chocolate chip oat bar, Fruit, Cheese stick
22	23	24	25	26
Scooby Doo Grahams, Fruit, Cheese stick	Chocolate chip oat bar, Fruit, Cheese stick	Cheddar Chex Mix, Fruit, Cheese Stick	Chocolate chip oat bar, Fruit, Cheese stick	Scooby Doo Grahams, Fruit, Cheese stick
29	30	31	1	2
Cheez-its, Fruit, Cheese stick	Scooby Doo Grahams, Fruit, Cheese stick	Chocolate chip oat bar, Fruit, Cheese stick	Cheddar Chex Mix, Fruit, Cheese Stick	Chocolate chip oat bar, Fruit, Cheese stick

<sup>\* \*</sup>Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

<sup>\*\*</sup>Snack—serve 2 items from different component areas.

	Site Name: Ro	pssford	Month: <u>August</u>	
Monday	Tuesday	Wednesday	Thursday	Friday
AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains	AM- *Offer child the following: 1 LF/FF Milk, 1 Fruit and 2 Grains
PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain	PM- **Serve child the following: 1 Fruit and 1 Grain
0			18	19
SACK TO SCHOOL			AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, Milk PM: Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese Stick	AM: Cinnamon Toast Crunch Cereal, Cocoa Puffs Cereal Bar, Fruit, Milk PM: Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese stick
22	23	24	25	26
AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, Milk	AM: Cinnamon Toast Crunch Cereal, Trix Cereal Bar, Fruit, Milk	AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, Milk	AM: Cinnamon Toast Crunch Cereal, Trix Cereal Bar, Fruit, Milk	AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, Milk
PM: Marshmallow Treat, Fruit, Cheese stick	PM: Nutrigrain bar, Fruit, Cheese stick	PM: Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese stick	PM: Cheetos, Fruit, Cheese stick	PM: Nutrigrain Bar, Fruit, Cheese stick
29	30	31	1	2
AM: Trix Cereal, Cocoa Puffs Cereal Bar, Fruit, Milk  PM: Marshmallow Treat, Fruit, Cheese Stick	AM: Cinnamon Toast Crunch Cereal, Cocoa Puffs Cereal Bar, Fruit, Milk	AM: Trix Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, Milk PM: Cheetos, Fruit, Cheese stick	AM: Cinnamon Toast Crunch Cereal, Trix Cereal Bar, Fruit, Milk	AM: Trix Cereal, Cinnamon Toast Crunch Cereal Bar, Fruit, Milk
	PM: Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese stick		PM: Cinnamon Toast Crunch Cereal Bar, Fruit, Cheese stick	PM: Nutrigrain Bar, Fruit, Cheese stick

<sup>\* \*</sup>Breakfast--offer 4 items from 3 component areas—child may refuse only 1 food item. A child must take at least 1/2 cup of fruit.

<sup>\*\*</sup>Snack—serve 2 items from different component areas.